



Waiver and Consent Form

Hastings Martial Arts is a corporation, operating on the premises located at 1670 Mills Road, North Saanich, BC V8L 5S9.

Hastings Martial Arts offers training in, but not limited to, karate, kickboxing, jiu jitsu, Mixed Martial Arts (MMA), boxing, muay thai, grappling, judo, submission wrestling, strength and conditioning training.

1. In consideration of being permitted to train at Hastings Martial Arts, I, for myself, my heirs, personal representatives or assigns, do hereby release and discharge Hastings Martial Arts, their instructors, volunteers and agents from any liability arising from any injury or accident, including paralysis or death which flow as a result of my participation in the training, and, but not limited to, the use of any equipment offered by Hastings Martial Arts.

2. I confirm that I am aware of the inherent risks, which attach to the practice of martial arts and that my participation is voluntary. I furthermore acknowledge that I willingly assume those risks.

3. I agree to hold harmless Hastings Martial Arts, their instructors, volunteers and agents from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including legal fees brought as a result of my participation in Hastings Martial Arts and to reimburse Hastings Martial Arts for any such expenses incurred. I also agree to hold harmless from all liability (direct and vicarious) the legal owners of the above referenced location – Yetsa Ventures Corp. in rem and Cory Hastings and Heather Hastings in personam.

4. I acknowledge that I am cognizant of all policies and procedures which govern Hastings Martial Arts, including, but not limited to, the safe use of any equipment and I confirm my understanding that continued participation is contingent upon strict adherence to these policies and procedures as well as to the instructions provided by instructors, volunteers and agents. I understand and accept that any violation of the rules, regulations and policies which govern my attendance and training at Hastings Martial Arts on my part or on the part of my wards and/or children will result in dismissal.

5. I waive the protection afforded to me by any legal or regulatory framework, which provide that a general release shall not extend to claims, which the person giving the release does not know of or suspect at the time of executing the release.

6. I have read and understand this agreement and agree to be bound by all its terms and provisions.

Name (print and sign):

Print Name: _____ Signature: _____

Email: _____

Date: _____

***CONSENT AND RELEASE ON BEHALF OF MINOR**

I am the parent and/or legal guardian of the above named minor.

I give my consent to the participation of the minor in Hastings Martial Arts.

I have read and understand the agreement and agree to be bound by all terms and provisions.

Signature of Parent/Legal Guardian (print and sign):

Print Name: _____ Signature: _____

Date: _____